

# Lunch... let us do it for you!

## 2013-2014 Meal Plans

As partners, Memphis Harding Academy and Sodexo are always striving to deliver a high-quality dining experience for your student while making sure we are not a burden on your checkbook. This also means understanding the needs of your student and how he or she may differ from others. To address this, we offer options to make lunchtime flexible, valuable, convenient, and safe: the Meal Plan, the Debit Card, or cash.

The prepaid Meal Plan is a great value for the student who buys lunch daily in the dining room. These plans are priced to save, on average, when compared to the daily cash à la carte prices, and ensure a well-balanced meal.

The Debit Card is a program where you deposit funds for your student to use only in the dining hall, just like cash. Account balances are carried from semester to semester and year to year. Students are not permitted to charge or run balances into a negative position.

All items with the exception of a few beverages (\*\*) are included in the meal plan program. These \*\* items can be purchased using the Debit Card or cash.

### VALUE & FLEXIBILITY

With the Meal Plan your student is guaranteed a full meal every day without the hassle of depositing money on their card or carrying cash. On the Meal Plan, your student will receive a meal comprised of: one entrée (A), two sides (B), and one beverage (C).

### HOW DO I SIGN UP FOR A PREPAID PLAN?

Simply complete the Enrollment Form, attach a check for the plan amount you selected, then send it to the address provided. The Annual and Fall Meal Plan payment must be received before August 9, 2013. Payment for the Spring Meal Plan must be received before December 16, 2013.



## MEMPHIS HARDING ACADEMY Cherry Road Campus

### SAVINGS

The prepaid plans are priced to save, on average, when compared to the daily cash or à la carte prices; and these days everyone can use a price break.

### CONVENIENCE

The Meal Plan and the Debit Card eliminate the need for your student to carry cash to school. Your student's personal meal card, with their name and school ID number, is kept by the student. It is their responsibility to keep track of their card and bring the card to the cafeteria.

The Debit Card is ideal for those students who may not want a full meal every day. They can purchase items off the à la carte menu to create a meal; enhance a meal brought from home; a quick snack in the morning, or at lunch.

### SAFETY

At the beginning of the school year, all students are issued a meal card. All the plans will be recognized on one card at the checkout registers. When your student has enrolled in a plan, that plan will be assigned to them and the cashier will know which plan they have been allocated. They may also have the option of being assigned to a meal plan and have discretionary funds for extra purchases.

Replacement cards cost \$5.00 each and are available only before or after the regular lunch periods. These cards have unique, non-social identification numbers and should not be used by anyone other than the card holder whose name is printed on the front. Balances on the Debit Card are rolled over each year and when your student leaves school, a refund check will be issued upon request for the remaining balance on their account.

# Lunch Program a la carte menu



## HOT ITEMS (A&B)

Daily Special	A/B	\$4.00/\$5.00
Vegetable Plate	A/B	\$4.00/\$1.50
Steam Table Entrees	A	\$3.00 & UP
Chicken Sandwich		
	A	\$2.50
Grilled Chicken Breast	A	\$2.50
Burger, Plain	A	\$2.25
Burger, Cheese	A	\$2.50
Pasta w/Sauce Bowl	A	\$3.50
Specialty Sandwiches	A	\$3.50/\$4.50
Hot Pockets	A	\$2.25
Pizza: 5" Round Plain	A	\$2.25
Pizza: 5" Round Pepperoni	A	\$2.50
Large Bowl of Chili	A	\$3.00/\$3.50
Large Bowl of Soup	A	\$3.50

## COLD ITEMS (A)

Bagel w/One Cream Cheese	A	\$1.50
Extra Cream Cheese		\$0.50
Large Cereal Plain w/Milk	A	\$1.50
Ham or Turkey & Cheese		
on Croissant	A	\$3.75/\$4.50
on Bread	A	\$3.50/\$4.00
Ham or Turkey Plain	A	\$3.00
Peanut Butter w/Jelly	A	\$2.00
Deli Bar-Self Made Sandwich	A	\$3.50 & UP
Pre-made Specialty Sandwich	A	\$3.50 & UP
Tuna/Chix Salad on Bread	A	\$3.00
Tuna/Chix Salad Croissant	A	\$3.50
Wraps		
Meat	A	\$3.50
Vegetarian	A	\$3.00
Pre-bowled Tuna/Chix Salad	A	\$3.00

## SALAD BAR (A & B)

Plate	A/B	\$3.60/\$4.50
Bowl	B	\$3.50
Small Plate or Bowl	B	\$1.50
Veggie Stix w/Dip	B	\$2.00
Hard Boiled Egg	B	\$1.00
Fresh Fruit		
Whole or Cut	B	\$1.25

## SIDES (B)

Chips	B	\$1.00
Goldfish or Cheez-Its	B	\$1.00
Bagged Pretzels	B	\$1.00
Stacy's Pita Chips	B	\$1.50
Plain Croissant	B	\$1.50
Big Cookie	B	\$1.00
Fruit Rollup	B	\$0.90
CheX Mix Bag	B	\$1.00
Pop Tarts	B	\$1.25
Nutri-Grain Bar	B	\$1.25
Soft Pretzel	B	\$1.00
Small Bowl of Chili or Soup	B	\$1.50
Yogurt 6 oz.	B	\$1.75

## DESSERTS (B)

Ice Cream Cup	B	\$1.00
Novelty Bars	B	\$1.75
Pudding	B	\$1.00
Cake	B	\$1.00
Jello	B	\$1.00

## BEVERAGES (C)

Milk	C	\$1.00
Fountain Drinks	C	\$1.25
Bottled Water 16 oz.	C	\$1.00
Powerade Can 12 oz.	C	\$1.25
Juice 11 oz.	C	\$1.50
Apple, O.J., Cranberry, or Grapefruit		
Powerade Large 20 oz. **		\$2.00
Sport Water 24 oz. **		\$1.50
Crystal Light **		\$1.75
Aquafina Flavored Water **		\$1.75
Lipton Specialty Teas **		\$2.00
Izze		\$2.00

\*\* A \$.75 charge for Meal Plan for these items. Other items will be available on the Meal Plan or to purchase via Debit Card or Cash.

Meal Plan consists of; ("A-B-B-C"). One choice from group A, two choices from group B, one from group C.

**All Prices Subject to Change - Based on Cost Fluctuations**



## Harding Academy - Cherry Road Campus Dining Enrollment Form

Please complete and return one enrollment form for each student who will participate in any of the following 2013-2014 Plans. If enrolling in a meal plan and a debit card, please provide two checks.

Student's Name \_\_\_\_\_ Grade \_\_\_\_\_

Contact number \_\_\_\_\_

Email \_\_\_\_\_

Your payment may be returned to the school at the address listed below - to the attention of Sodexo.

Sodexo-Memphis Harding Academy  
1100 Cherry Rd.  
Memphis, TN 38117  
Phone: 901-684-1160

PLEASE INDICATE YOUR CHOICE BELOW WITH AN "X".

ANNUAL Pre-Paid Meal Plan (discounted)  
 \$909.00 Due August 9, 2013

SEMESTER Pre-Paid Meal Plan  
 Meal Plan **Fall** \$ 451.00 **Spring** \$ 468.00

DEBIT CARD (minimum \$100) \$ \_\_\_\_\_

Please make checks payable to: Sodexo Campus Services  
NSF Return Check Fee of \$30.00  
Late Payment Fee: \$25.00